

Wellman-Union ISD School Health Advisory Committee (SHAC)

April 29, 2021 2:00

Minutes

Members in attendance: Ben Prowell, Kyle Conatser, Bridget Brown, Megan Becker, Amber Yates, Annie Rempel, Brian Sepkawitz, Karol Browne, Robin Tells, Penny Crowley, Madison White, and Sadie Crowley

- 2:05 called to order by Bridget Brown.
- Reviewed Previous minutes
- Sep reported on the Fitness gram. Boone has completed elementary. Smith has started with secondary students during the PE period. Trying to find a time for high school students to complete it for the students in athletics. Preparing students for summer workouts.
- Boone: completed Fitness gram, Color Run May 14<sup>th</sup> for elementary, families will be able to participate. Donation box set up for PE. Field Day is May 18<sup>th</sup>. Splash Day May 19<sup>th</sup>
- Sep: Summer workout schedules are posted for June. More workout opportunities for our athletes.
- Amber: all seniors CPR is complete except one. Last one is scheduled. Spinal screenings finished, except rescreens and boys PE. 20 participants in Step Challenge.
- Megan: students from TTU and Dr. Comiskey came to speak to our 6<sup>th</sup>-12<sup>th</sup> students. create survey for students to check the effectiveness of the program. Madison spoke on the student's perception of it. Liked that it was real-life experience from the TTU students.
- SEL integration is required. Grant is offering new curriculum, Rhithm. Showed the group. Discussion of pros/cons. Possibly implement it into Computer time in elementary. Group suggested to use the grant to have speakers come in where students may feel more comfortable sharing with a stranger.
- Next meeting in July.